



SANDWICHES

Ask to toast breads.



F&P Sandwich
¥890 +Tax ¥979 (w/Tax)
Black Honey Bread, Pastrami Beef, Avocado, Cheddar Cheese, Green Leaf, Fig Sauce, Butter 637Kcal



Salmon Cream Cheese Sandwich
¥890 +Tax ¥979 (w/Tax)
Black Honey Bread, Smoked Salmon, Cream Cheese, Tomato, Green Leaf, Cashew Nuts, Lemon Sauce, Butter 495Kcal



Vegetable Sandwich
¥790 +Tax ¥869 (w/Tax)
Sesame Bread, Green Leaf, Tomato, Burdock Salad, Cheddar Cheese, Lemon Sauce, Butter 589Kcal



Chicken Basil Sandwich
¥790 +Tax ¥869 (w/Tax)
Sesame Bread, Chicken Breast, Burdock Salad, Green Leaf, Basil Sauce, Butter 549Kcal



Vegan Sandwich 
¥790 +Tax ¥869 (w/Tax)
Sesame Bread, Green Leaf, Tomato, Avocado, Cashew Nuts, Yellow Mustard, Olive Oil 457Kcal

SALADS

¥690 +Tax
¥759 (w/Tax)



Pastrami & Avocado Salad
Pastrami beef, Avocado, Kale, Romaine Lettuce, Lettuce, Walnut, Black Pepper, Roasted Nuts Mustard Dressing 351Kcal



Kale Caesar Chicken Salad
Chicken Breast, Kale, Romaine Lettuce, Lettuce, Crouton, Lemon, Parmesan Cheese, Homemade Caesar Dressing 328Kcal



Smoked Salmon & Cream Cheese Salad
Smoked Salmon, Cream Cheese, Kale, Romaine Lettuce, Lettuce, Red Cabbage, Black Pepper, Basil Cheese Dressing 267Kcal




Multigrain Rice & Chickpea Salad 
Multigrain Rice, Chickpeas, Kale, Romaine Lettuce, Lettuce, Tomato, Walnut, Black Pepper, Yuzu Carrot Dressing 191Kcal




Soy Meat & Kale Vegan Salad 
Soy Meat, Chickpeas, Kale, Romaine Lettuce, Lettuce, Tomato, Red Cabbage, Black Pepper, Balsamic Ginger Dressing 200Kcal

BOWLS & PARFAIT



Granola Smoothie Bowl 
¥1,600 +Tax ¥1,760 (w/Tax)
Choose any 1 smoothie base + 2 boosters.
Organic Granola, Strawberry, Banana, Organic Agave Syrup



Oatmeal Hot-Smoothie Bowl 
HOT
¥1,600 +Tax ¥1,760 (w/Tax)
Choose any 1 smoothie base(HOT)+ 2 boosters.
Oatmeal, Strawberry, Banana, Organic Agave Syrup



Granola Yogurt Parfait
¥780 +Tax ¥858 (w/Tax)
Organic Granola, Plain Yogurt, Strawberry, Banana, Organic Agave Syrup, Dried Goji Berries, Chia Seeds



Elevate Your Smoothie Experience with **HOT SMOOTHIES™**
Deliciously Enjoyable, Even When It's Hot!

Specialty Smoothies
ALL ¥690 +Tax (w/Tax) ¥759

- REAL WHOLE FRUITS & VEGGIES
- BLEND-TO-ORDER
- CLASSIC "RICH" STYLE
- ALL PLANT BASED
- NO REFINED SUGAR
- 0% PRESERVATIVES
- 0% COLORINGS

CLASSIC SMOOTHIES™

1	Strawberry Banana No.1	Strawberry, Banana, Soy Yogurt, Organic Soy Milk, Organic Agave Syrup	197Kcal	RICH LIGHT HOT
2	Fico & Pomum	Fig, Apple, Banana, Soy Yogurt, 100% Apple Juice	149Kcal	RICH LIGHT HOT
3	Acai Banana	Acai, Banana, Mango, Organic Soy Milk, Organic Agave Syrup	230Kcal	RICH LIGHT HOT
4	Triple Berry	Strawberry, Blueberry, Raspberry, 100% Orange Juice, Organic Agave Syrup	160Kcal	RICH LIGHT HOT
5	Blueberry Morning	Blueberry, Mango, Banana, Soy Yogurt, Organic Soy Milk, Organic Agave Syrup	195Kcal	RICH LIGHT HOT
6	Tropical Mango	Mango, Pineapple, Kiwi, 100% Orange Juice, Organic Agave Syrup	156Kcal	RICH LIGHT HOT
7	Citrus Passion	Passion Fruit, Lemon, Pineapple, 100% Apple Juice, Organic Agave Syrup	159Kcal	RICH LIGHT HOT

VEGGIE SMOOTHIES

8	Kale Green No.2	Kale, Spinach, Banana, Kiwi, Pineapple, 100% Orange Juice	129Kcal	RICH LIGHT HOT
9	Kale Spinach	Kale, Spinach, Banana, Parsley, Grapefruit, 100% Orange Juice	105Kcal	RICH LIGHT HOT
10	Green Breeze	Celery, Mango, Kale, Pineapple, 100% Apple Juice	114Kcal	RICH LIGHT HOT
11	Kale Mango	Kale, Mango, Apple, Organic Soy Milk, Organic Agave Syrup	198Kcal	RICH LIGHT HOT
12	Apple Ginger HOT RECOMMENDED	Apple, Ginger, Lemon, 100% Apple Juice, Organic Agave Syrup	155Kcal	RICH LIGHT HOT
13	Pumpkin Carrot	Squash, Carrot, Mango, Organic Soy Milk, Organic Agave Syrup	193Kcal	RICH LIGHT HOT
14	Spinach Carrot	Spinach, Carrot, Squash, Organic Soy Milk, Organic Agave Syrup	169Kcal	RICH LIGHT HOT
15	Evergreen	Japanese Spinach, Kale, Parsley, Lemon, Apple, 100% Apple Juice	146Kcal	RICH LIGHT HOT
16	Sunlight	Carrot, Ginger, Lemon, Apple, 100% Apple Juice	145Kcal	RICH LIGHT HOT
17	Crimson	Beet, Lemon, Ginger, Apple, 100% Apple Juice	149Kcal	RICH LIGHT HOT

SIMPLE BLENDS

¥430 +Tax ¥473 (w/Tax)

Banana Milk ICED 178Kcal	Strawberry Milk ICED 193Kcal	Mango Milk ICED 161Kcal
Banana, Whole Milk	Strawberry, Whole Milk, Organic Agave Syrup	Mango, Whole Milk

ALMOND SOY LATTE

¥490 +Tax ¥539 (w/Tax)

Ginger Latte HOT 172Kcal ICED 144Kcal	Turmeric Latte HOT 191Kcal ICED 162Kcal	Matcha Latte HOT 189Kcal ICED 160Kcal
Ginger (Whole/Powder), Natural Almond Milk, Organic Soy Milk, Organic Agave Syrup	Turmeric Powder, Natural Almond Milk, Organic Soy Milk, Organic Agave Syrup	Matcha Powder, Natural Almond Milk, Organic Soy Milk, Organic Agave Syrup

COFFEE

¥380 +Tax ¥418 (w/Tax)

Coffee(Hot/Iced) [using Organic Beans] HOT ICED	Latte(Hot/Iced) [using Organic Beans] HOT ICED	Darjeeling Tea(Hot) HOT
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CUSTOMIZATION for Smoothies

• CHANGE YOUR STYLE •
Variable Texture & Temperature

• CHANGE YOUR LIQUID BASE •
You can change the base liquid into other liquid (Organic Soy Milk, Whole Milk, Orange Juice, Apple Juice) ¥0

Only into Natural Almond Milk: ¥50 + tax

• BOOST YOURSELF •
Ask to add BOOSTER OPTIONS for any drinks (except for Coffee) ¥120 +tax